



FETAL AND GYNAE IMAGING
RESEARCH INSTITUTE



BANGALORE FETAL
MEDICINE CENTRE



MULTIPLE INSIGHTS: From Conception to Cradle

A One-of-a-Kind International Conference Dedicated to Multiple Pregnancies

14 15 16

November
2025



Clarks Exotica Resort,
Bengaluru



5-star resort



20 minutes away from
the airport



Welcome to this unique conference on multiple pregnancies, that highlights the need for a multidisciplinary approach in the spectrum of multiple pregnancies. Over the course of three days, renowned national and international faculty will share their insights on fertility, maternal medicine, fetal imaging, obstetrics, neonatology, and genetics, all pertaining to multiple pregnancy.

Delegates will benefit from core topics relevant across all these disciplines, as well as in-depth, speciality-focused discussions in breakout sessions.

Highlights



Silent Conference:

A delegate may tune in as well as switch, to the breakout session of his/her interest, thereby ensuring an engaging, focused learning experience.



Pre-Conference Learning: *Available from 28th October*

Registered delegates will be provided with curated articles and exclusive access to video resources on topics featured over the three days. In addition, they will have the opportunity to assess themselves in the various disciplines through an online quiz. The top performers from each of the three streams i.e fertility, maternal & fetal, will qualify for the Ultimate Multiple Pregnancy Quiz, conducted onsite on Day 2 of the conference.

Who Should Attend

Any clinician, researcher, or trainee engaged in fertility, pregnancy care, fetal medicine, or neonatal outcomes will find immense value in this conference.

- **Fertility specialists**

Gain insights into ovarian stimulation, ultrasound, embryo selection, and AI for healthier singleton outcomes.

- **Maternal–Fetal medicine specialists & obstetricians**

Focusing on maternal risks, antenatal surveillance, and delivery planning.

- **Fetal imaging professionals**

Reiterating the basics and exploring advances in ultrasound of multiple pregnancies.

- **Neonatologists & pediatricians**

Discussing neonatal care and perinatal care.

- **Geneticists & counsellors**

Conference Program at a Glance



Silent Conference



Day 1 : 14th November (Friday)

Mentors	Fetal	Dr Prathima Radhakrishnan	Maternal	Dr Uma Ram	Fertility	Dr Shobhana Patted
09:00am - 09:45am		Registration; Cloak room to keep luggage is provided				
09:45am - 10:00am		Welcome				
10:00am - 10:15am		"The rise of multiples: Trends in natural and assisted conception"				
10:15am - 10.30am		Inauguration				
10:30am - 11:15am		Early Pregnancy: challenges & solutions				
10:30am - 10:45am		Assessing chorionicity & amnionicity < 10w Dr Aditi Shah				
10:45am - 11:10am		Clinician concern vs sonologist's perspective - A dialogue: Dr Sunita Mahesh & Dr Supriya Seshadri (Bleeding PV, hyperemesis, abdominal pain & vanishing twin)				
11:10am - 11:15am		Audience interaction				
11:15am - 11:45am		Beverage break				
11:45am - 12:30am		Heterotopic pregnancy: From rare occurences to rising concerns				
11:45am - 11:55am		Epidemiology & risk factors		TBA		
11:55am - 12:10pm		Diagnosis & challenges Dr Priti Venkatesh				
12:25pm - 12:30pm		Management & prognosis TBA				
12:25pm - 12:30pm		Audience interaction				
12:30pm - 01:00pm		Genetics of twinning Dr Meenakshi Bhat				
01:00pm - 01:30pm		Consanguinity and carrier screening Dr Surya G Krishnan				
01:30pm - 02:30pm		LUNCH BREAK				
02:30pm - 03:45pm		Breakout session 1				
Multiple pregnancy < 11w		Antenatal care for women with multiple pregnancies			Minimising multiples in ovulation induction/IUI cycles	
02:30 - 02:50pm Dating in multiples - Dr Aditi Shah		02:30 - 02:50pm Booking visit - triaging Dr Sangeeta Gupta			02:30 - 02:50pm Multiple pregnancy risk with clomiphene, letrozole, and gonadotropins Dr. Chandrika Kulkarni	
02:50 - 03:10pm Chorionicity & amniocity < 16w Dr Hetali Parmar		02:50 - 03:10pm Exercise and nutrition advice Dr Prathima Kini			02:50 - 03:10pm From monitoring to action: How to prevent multiples? Dr. Prashanth Adiga	
03:10 - 03:30pm Labeling in multiples < 16w Dr Vandana Chadhha		03:10 - 03:30pm Interevention in twins - what works what does not? Dr Austin Ugwumadu /Dr Uma Ram			03:10 - 03:30pm Decision-making in multifollicular stimulation: Cancel, convert, or aspirate? Dr.Mahesh Koregol	
03:30 - 03:45pm Audience interaction		03:30 - 03:45pm Audience interaction			03:30 - 03:45pm Audience interaction	
03:45 - 04:05pm		PE screening in multiple pregnancies Prof. Liona Poon				
04:05 - 04:15pm		Audience interaction				
04:15 - 04:40pm		Fetal reductions - when? why? challenges Dr Anita Kaul				
04:40 - 05:00pm		Never have I ever! - 1; Expert panel on fetal reductions Moderators: Dr Prathima & Dr Rashmi Patel				
05:00 - 06:00pm		BEVERAGE, REFRESH AND RETURN				

06:00 - 07:00pm	The Legend Speaks - Managing complications in Monochorionic pregnancies Prof Kypros Nicolaides (UK) - Online
07:30 - 08:15pm	Guest lecture - Tryst with Wildlife - with Gen Z Mr Devvrat Singh
08:15 - 10:30pm	Network and catch up with friends over dinner and some masti!

Day 2 : 15th November (Saturday)

08:30am - 09:30am Abstracts presentations (ORAL)		
09:30am - 11:00am Breakout session 2		
11 - 14w scan in multiples	Triaging maternal risk	One at a time- preventing multiple pregnancies in ART
09:30 - 09:50am Evidence based screening for aneuploidies Dr Kirti Sharma	09:30 - 09:45am Antenatal screening for medical problems - Is it different? Dr Manisha Pradhan	09:30 - 09:50am Global practice in elective single embryo transfer Dr.Shobhana Patted
09:50 - 10:15am Structural anomalies in the 1T Dr Deepak Bansal	09:50 - 10:05am Maternal morbidity and mortality in women with multiples Dr Surabhi Nanda	09:50 - 10:10am Patient autonomy in embryo transfer: choice, informed consent, and counselling Dr. Mekala Dwarkanath
Interventions in multiples	10:05 - 10:20am Audience interaction	10:10 - 10:20am Audience interaction
10:15 - 10:35am Diagnostic interventions in multiple pregnancies Dr Veena Acharya	10:20 - 11:00am Never have I ever! - 2	10:20 - 10:35am Debate: More isn't always better – or is it? the single embryo transfer For the motion: Dr Rashmi Yogesh
10:35 - 11:00am Never have I ever! - 2 Challenging the experts (complications < 16w) Moderators: Dr Dolly Chavda & Dr Aayush Jain Experts: Prof Liona Poon, Dr Vandana Chadhha	Case based discussions	10:35 - 10:50am Against the motion Dr Divyashree
		10:50 - 11:00am Rebuttal & Closing
11:00am - 11:20am BEVERAGE BREAK		
11:20am - 12:30pm Breakout session 3		
2nd trimester in multiples	Labour and delivery	How to select the best sperm?
11:20 - 11:35pm Determining chorionicity & amnionity > 16w Dr Chandra Kant Garg	11:20 - 11:40pm Timing delivery in twins Dr Austin Ugwumadu	11:20 - 11:40pm From count & motility to competence: are standard tests enough? Dr. Rajvi Mehta
11:35 - 11:50pm Assessment of cervical length - video presentation Dr Aditi Agarwal	11:40 - 12:00pm Preventing stillbirth in twin pregnancies Dr Sangeeta Gupta	11:40 - 12:00pm Selecting the needle in the haystack - optimizing sperm for ICSI Dr. Sujatha Ramakrishnan
12:00 - 12:20pm Discordant anomalies in 2T - How to approach? Prof. Suresh Seshadri	12:00 - 12:20pm Induction of labour in multiples - How different ?	12:00 - 12:20pm Emerging techniques in sperm selection: Microfluidics, MACS, and beyond Dr. Suvarchala Vardhan
12:20 - 12:30pm Never have I ever! - 3 Challenge the audience Moderators: Dr Smita Dhengle & Dr Shefali Jain Experts: Prof Suresh Seshadri & Dr Anita Kaul	12:20 - 12:30pm Audience interaction	12:20 - 12:30pm Audience interaction
12:30pm - 01:00pm cfDNA testing in multiples - Prof Liona Poon		
01:00pm - 01:30pm Never have I ever! - 4; Lessons to learn from the experts! - Prof Liona Poon, Dr Austin Ugwumadu, Dr Uma Ram, Dr Shobhana Patted		
01:30pm - 2:30pm LUNCH BREAK		
02:30pm - 3:15pm Combining the prevention of OHSS and multiple pregnancy - What clinicians can do? - Dr Raj Mathur (UK) - Online		

03:15pm - 04:15pm Breakout session 4		
03:15 - 03:35pm Single fetal demise (DC & MC) <i>Dr Vandana Chadha</i>	Management in Labour	The best oocyte: A key to safer SET
Complications with Monochorionicity-1	03:15 - 03:35pm Fetal Monitoring in Twins <i>Dr Austin Ugwumadu</i>	03:15 - 03:35pm Can we select the best oocyte favoring SET? <i>Dr. Vijay Mangoli</i>
03:35 - 03:50pm Diagnosing & staging TTTS <i>Dr BS Rama Murthy</i>	03:35 - 03:50pm Preparing for a twin delivery from a labour ward perspective <i>Dr Manisha Pradhan</i>	03:35 - 03:55pm Clinical factors affecting oocyte quality <i>Dr Sumana Gurunath</i>
03:50 - 04:05pm Diagnosing & staging TAPS <i>Dr Veena Acharya</i>	03:50 - 04:05pm Case based discussions	03:35 - 03:55pm Quiz/Audience interaction
04:05 - 04:15pm Diagnosis & management of TRAP - <i>Dr Anita Kaul</i>	03:50 - 04:05pm Audience interaction	
04:15pm - 04:35pm BEVERAGE BREAK		
04:35pm - 05:15pm Assessment of fetal growth and Doppler in multiple pregnancy - Dr BS Rama Murthy		
05.15pm - 06.30pm Breakout session 5		
Complications with monochorionicity-2	Third stage mangement - What's important	From many to one: Picking the right embryo for SET
05:15 - 05:35pm Monoamniotic twins - Video presentation <i>Prof Suresh Seshadri</i>	05:15 - 05:45pm Intrapartum management of multiples <i>Dr Austin Ugwumadu</i>	05:15 - 05:35pm From embryo grading to clinical outcomes <i>Dr. Varsha Samson Roy</i>
Higher order multiples	05:45 - 06:00pm Post partum care of women with multiples - The Essentials <i>TBA</i>	05:35 - 05:55pm PGT-A: Hope, hype, and hard evidence <i>Dr. Paresh Makwana</i>
05:35 - 06:00pm Managing triplets - TCTA & DCTA <i>Dr Prathima Radhakrishnan</i>	06:00 - 06:30pm Never have I ever! - 3 Moderator - <i>Uma Ram</i>	05:55 - 06:15pm The future of embryo selection - from time-lapse to AI: promise or illusion? <i>Dr. Keshav Malhotra</i>
06:00 - 06:30pm Never have I ever! - 5 Challenging the experts Moderators: <i>Dr Priya Deshpande & Dr Saket Thakar</i> Experts: <i>Prof Suresh Seshadri, Dr Anita Kaul & Dr Veena Acharya</i>	Case based discussions	06:15 - 06:25pm Knowledge check/quiz
		06:25 - 06:30pm Audience interaction
06:30pm - 07:30pm REFRESH AND RETURN		
07:30pm - 10:30pm "Talented me" - followed by an electrifying evening with the band Kalatva.		

Day 3 : 16th November (Sunday)

09:00am - 09:40am	Preventing preterm births in multiples - Evidence-based approach <i>Dr Austin Ugwumadu</i>
09:40am - 10:15am	PANEL: Discordancy in multiples - Moderated by <i>Prof Suresh Seshadri</i>
10:15am - 11:15am	PANEL: Navigating challenges in multiple pregnancy - Moderated by <i>Dr Prathima & Dr Uma</i>
	Welcoming neonatologist and geneticists in the care of multiples
11:15am - 11.45am	BEVERAGE BREAK & PRIZE DISTRIBUTION
11.45am - 12.30pm	The Ultimate Multiples' Quiz
	Selected from preconference course and toppers from the quiz in each stream
12.30pm - 01:00pm	Wrap up session with faculty - Moderated by <i>Dr Supriya Seshadri</i>
01:00pm - 01.30pm	LUNCH BREAK for workshop delegates
01:30pm - 05.30pm	Workshops X 6

KMC credits....applied

16th November (Sunday) 01.30pm - 05.30pm

Ultrasound: The Watchful Eye in ART Safety (Hands-on, on OPUS Simulators)

Dr Shobhana Patted, Dr Supriya Seshadri, Dr Sumana Gurunath & Dr Rajvi Mehta

This intensive 4-hour workshop seamlessly integrates ultrasound with infertility management, led by experts in reproductive medicine and ultrasound imaging. Participants will gain practical skills in baseline pelvic scan, ovulation monitoring, and Doppler assessment, and learn how to apply these findings to tailor fertility treatments. A key feature is guided, hands-on training on OPUS simulators to strengthen technique that will complement clinical decision-making.

Imaging Challenges in Monochorionic Twins – From Diagnosis to Therapy

Dr Anita Kaul, Dr Prathima Radhakrishnan & Dr Ramesha Papanna (online)

This workshop offers an in-depth, case-based exploration of the unique challenges in monochorionic twin pregnancies. Through expert-led discussions, curated imaging, and video demonstrations, participants will strengthen their diagnostic accuracy, refine decision-making, and gain evidence-based insights into managing monochorionic twin pregnancies.

Skills for Navigating Twin Births & Immediate Neonatal Care – Simulator based workshop

Dr Austin Ugwumadu, Dr Surabhi Nanda, Dr Uma Ram, Neonatologists: Dr. Archana, Dr Suman Rao, Dr Rajat Athreya

This practical workshop equips obstetricians with essential skills for managing labour in twins, delivering the second twin, and handling immediate postpartum challenges. With hands-on neonatal resuscitation training and golden hour strategies, participants will gain confidence in optimizing outcomes for both mother and newborn.

Practical Genetics for the Practising Clinician

Dr Meenakshi Bhat, Dr. Surya G Krishnan, Dr Chaitanya Datar & Dr Vinu

This focused workshop is packed with practical skills to select, interpret, and apply genetic testing in clinical practice. Guided by expert clinical geneticists and enriched with case-based discussions, participants will learn pedigree analysis, the use of cytogenetics, FISH, microarray, and exome sequencing, and the principles of managing genetic and inborn metabolic disorders in pregnancy.

Diagnostic In Utero procedures – Precision in Prenatal Care – A Hands-On Simulation Workshop

Prof Suresh Seshadri, Dr Priti Venkatesh, Dr Vandana Chadha, Dr Aditi Agarwal

This workshop offers structured, simulator-based training in amniocentesis and chorionic villus sampling (CVS). Through expert-led instruction and hands-on practice, participants will refine procedural skills, optimize technique, and gain confidence in performing these prenatal diagnostic procedures.

Lifestyle Medicine for Physicians

Dr Veena Acharya & Dr Prathima Kini

Join us for an immersive Lifestyle Medicine workshop where learning comes alive through movement, cooking, mindfulness, and interactive fun. Experience the power of healthy habits firsthand - energize, connect, and leave refreshed for both practice and personal life.

Competitions & Presentations



US Image Contest of Multiple Pregnancy

Your picture tells a story!



Master the OPUS Challenge

Multiple Pregnancy Scanning Excellence!



Abstract and Poster Presentation

Your work matters, so share it!



The Ultimate Multiple Pregnancy quiz

Ace that!

Faculty

INTERNATIONAL FACULTY

Fetal care (Online)



Prof Kypros Nicolaides

Fetal and maternal care



Prof Liona Poon

Maternal care



Dr Austin Ugwumadu

Fertility care (Online)



Dr Raj Mathur

Maternal care



Dr Surabhi Nanda

Fetal care (Online)



Dr Ramesha Papanna

MENTORS

Fertility



Dr Shobhana Patted

Maternal



Dr Uma Ram

Fetal



Dr Prathima Radhakrishnan

Workshop



Dr Supriya Seshadri

NATIONAL FACULTY

Dr. Aayush Jain
Dr. Aditi Agarwal
Dr. Aditi Shah
Dr. Anita Kaul
Dr. Archana
Dr. Chaitanya Datar
Dr. Chandrakant Garg
Dr. Chandrika Kulkarni
Dr. Deepak Bansal
Dr. Dolly Chavda
Dr. Divyashree

Dr Gowri
Dr. Hetali Parmar
Dr. Keshav Malhotra
Dr. Kirti Sharma
Dr. Mahesh Koregol
Dr. Manisha Pradhan
Dr. Meenakshi Bhat
Dr. Mekala Dwarkanath
Dr. Paresh Makwana
Dr. Prashanth Adiga
Dr. Prathima Kini

Dr. Priti Venkatesh
Dr. Priya Deshpande
Dr. Rajat Athreya
Dr. Rajvi Mehta
Dr. Rashmi Patel
Dr. Rashmi Yogesh
Dr. Saket Thakar
Dr. Sangeeta Gupta
Dr. Shefali Jain
Dr. Sujatha Ramakrishnan
Dr. Sumana Gurunath

Dr. Suman Rao
Dr. Sunita Mahesh
Dr. Surabi Nanda
Dr. Suresh Seshadri
Dr. Surya G Krishnan
Dr. Suvarchala Vardhan
Dr. Vandana Chadha
Dr. Varsha Samson Roy
Dr. Veena Acharya
Dr. Vijay Mangoli
Dr. Vinu Narayan

Cultural & Social Events

A perfect blend of academic learning and camaraderie!

Guest lecture



Mr. Devvrat Singh

Tryst with Wildlife - with Gen Z

November 14th | 7:30pm - 8:15pm

Registration Details

RESIDENTIAL

Rs.30,000 (Including 18% GST)

Registration includes Accommodation
(On twin sharing basis) for 2 nights with Breakfast,
Lunch and Dinner

NON - RESIDENTIAL

Rs.24,000 (Including 18% GST)

Registration includes Conference
(2 Lunches and 2 Dinners)

Workshop: Extra - Rs 5000/-



Register Now

<https://in.eregnow.com/ticketing/register/ICMP>

Committees

Scientific Program

Dr. Prathima Radhakrishnan
Dr. Shobhana Patted
Dr. Uma Ram
Dr. Supriya Seshadri
Dr. Meenakshi Bhat

Dr. Archana Bilagi

Assisted by:

Dr. Priyanka H Nanjappa
Dr. Gurupriya S
Dr. Yaazhinipriya J Vinoth
Dr. Sahana Girish
Dr. Vaishnavi Jatana
Dr. Vidya Ramanathan
Dr. Sonal Gupta

Pre-conference Scientific Material

Dr. Avni Jain
Dr. Vaishnavi Jatana
Dr. Ragvi Raman
Dr. Shalini Devi
Dr. Neelam Singh

Branding & Communications

Dr. Supriya Seshadri
Dr. Basireddy Thejaswini
Dr. Shubha S R
Dr. Leima Chanu Shakti Yambem

Faculty Support

Dr. Anitha Shettikeri
Dr. Sandesh R
Dr. Pallavi Sourya K A

Venue & AV Logistics

Dr. Dolly Chavda
Dr. Anushika Kedawat
Dr. Durgeshwari Chintalwar
Dr. Divya K P

Sponsorship and Trade Display

Dr. Raja A Munireddy
Dr. Parmar Hetaliben
Dr. Saurabh Badgurjar
Dr. Vertika Verma
Dr. Shanthala Sawkar

Catering and Hospitality

Dr. Veena Acharya
Dr. Saurabh Badgurjar
Dr. Sandesh R

Conference Social Events

Dr. Trupta Naik
Dr. Anushika Kedawat
Dr. Durgeshwari Chintalwar

Conference Souvenirs

Mrs. Purnachandrika
Dr. Poornima AV
Dr. Gurupriya S
Dr. Yaazhinipriya J Vinoth
Dr. Sahana Girish

FGI Support

Ms. Priya Dinesh
Ms. Mahalaxmi Vinod
Ms. Keyla

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| Conference Organiser

Marundeshwara Enterprises

Contact person: Mr Satish
Info@marundeshwara.com
Mob: +91 85531 66466

FGi

Contact person: Ms Priya Dinesh
Fgiconference2025@gmail.com
Mob: +91 96320 18450